

2025 Family Weekend Visual Schedule

This visual schedule is designed for planning purposes only. Events are subject to change.



Events in TEAL are included in your general registration ticket and free to attend at a first come, first serve basis
Events in NAVY have a cost to register and must be purchased in advance through the Seahawk Family Hub

Friday, September 26

1:00 PM	1:15 PM	1:30 PM	1:45 PM	2:00 PM	2:15 PM	2:30 PM	2:45 PM	3:00 PM	3:15 PM	3:30 PM	3:45 PM	4:00 PM	4:15 PM	4:30 PM	4:45 PM	5:00 PM	5:15 PM	5:30 PM	5:45 PM	6:00 PM	6:15 PM	6:30 PM	6:45 PM	7:00 PM	7:15 PM	7:30 PM	7:45 PM	8:00 PM	8:15 PM	8:30 PM	8:45 PM	9:00 PM	9:15 PM	9:30 PM		
Family Weekend Check-in and Hawks Harvest Donation Drive Drop-Off																							Seahawk Bingo													
Honors College Faculty Lecture								Family Weekend Kickoff								Women's Volleyball vs. NC A&T																				
																Cape Fear Riverboats Sunset Cruise																				
																Epic Excursions Sunset Cruise							Ghost Walk of Old Wilmington													
																Cape Fear Riverboats Sightseeing Cruise					Crossfire (Axe Throwing, Gellyball+)			Crossfire (Axe Throwing, Gellyball+)			Crossfire (Axe Throwing, Paintball+)			Crossfire (Axe Throwing, Paintball+)						
																Pinspiration Splatter Room			Pinspiration Splatter Room			Pinspiration Splatter Room														

Saturday, September 27

9:00 AM	9:15 AM	9:30 AM	9:45 AM	10:00 AM	10:15 AM	10:30 AM	10:45 AM	11:00 AM	11:15 AM	11:30 AM	11:45 AM	12:00 PM	12:15 PM	12:30 PM	12:45 PM	1:00 PM	1:15 PM	1:30 PM	1:45 PM	2:00 PM	2:15 PM	2:30 PM	2:45 PM	3:00 PM	3:15 PM	3:30 PM	3:45 PM	4:00 PM	4:15 PM	4:30 PM	4:45 PM	5:00 PM	5:15 PM	5:30 PM	5:45 PM	6:00 PM	6:15 PM	6:30 PM	6:45 PM	7:00 PM	7:15 PM	7:30 PM	7:45 PM	8:00 PM	8:15 PM	8:30 PM	8:45 PM	9:00 PM	9:15 PM	9:30 PM			
Family Weekend Check-in and Hawks Harvest Donation Drive Drop-Off												Hawk's Harvest Volunteer Sorting				Seahawk Fam Fest																																					
				Seahawk Pilates*				Seahawk Yoga*																																													
				Legacy Pinning Ceremony																																																	
				Brunch at The Shore								Cape Fear Riverboats Sightseeing Cruise														Cheerwine & Design																											
								Wilmywood Tour								Wilmywood Tour														Cape Fear Riverboats Sightseeing Cruise								Cape Fear Riverboats Sunset Cruise								Men's Soccer vs. Mercer							
				Challenge Course Zip-A-Thon				Challenge Course Zip-A-Thon				Challenge Course Zip-A-Thon				Challenge Course Zip-A-Thon																		Epic Excursions Sunset Cruise								Ghost Walk of Old Wilmington											
								Crossfire (Axe Throwing, Gellyball+)				Crossfire (Axe Throwing, Gellyball+)				Crossfire (Axe Throwing, Gellyball+)														Crossfire (Axe Throwing, Gellyball+)				Crossfire (Axe Throwing, Gellyball+)				Crossfire (Axe Throwing, Gellyball+)				Crossfire (Axe Throwing, Paintball+)				Crossfire (Axe Throwing, Paintball+)							
				Pinspiration Splatter Room				Pinspiration Splatter Room				Pinspiration Splatter Room																										Pinspiration Splatter Room				Pinspiration Splatter Room				Pinspiration Splatter Room							

Sunday, September 28

9:00 AM	9:15 AM	9:30 AM	9:45 AM	10:00 AM	10:15 AM	10:30 AM	10:45 AM	11:00 AM	11:15 AM	11:30 AM	11:45 AM	12:00 PM	12:15 PM	12:30 PM	12:45 PM	1:00 PM	1:15 PM	1:30 PM	1:45 PM	2:00 PM	2:15 PM	2:30 PM	2:45 PM	3:00 PM
								Fall Farmers & Vintage Market																
Challenge Course Zip-A-Thon				Challenge Course Zip-A-Thon				Challenge Course Zip-A-Thon				Challenge Course Zip-A-Thon												
								Crossfire (Axe Throwing)				Crossfire (Axe Throwing)												
												Pinspiration Splatter Room				Pinspiration Splatter Room								
												Cape Fear Riverboats Sightseeing Cruise												

On-Your-Own Time FREE Activity

Sammy's Scavenger Hunt

Participate in Sammy's Scavenger Hunt throughout the weekend at your own pace! You'll receive the hunt details at check-in, and you can submit your completed form with photos anytime during the event. Complete the hunt and submit your photos to be entered into a drawing for a UNCW swag bag!

On-Your-Own Time Ticketed Activity

Informal Recreation & Workout at the Leonard Student Recreation Center

Friday: 4PM-9PM
Saturday: 10AM-9PM
Sunday: 10AM-5PM

A weekend pass costs \$5 per family member. The pass allows you to workout at any point during the timeframes listed above. Individuals must be 16 & up and wear proper shoes/attire for working out.

*Seahawk Yoga & Seahawk Pilates are free fitness classes offered, but all family members must purchase a \$5 weekend pass to participate.